



**SUDBURY
CATHOLIC
SCHOOLS**

SAMPLE STUDENT SCHEDULE (GRADE 7/8)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:25 - 9:25	Math	Math	Math	Math	Math
9:25 - 10:25	Language	Language	Language	Language	Language
10:25 - 10:40	NUTRITION BREAK				
10:40 - 11:20	Science, Language	Geography, History, Language	Science, Language	Geography, History, Language	Phys.Ed, Health
11:20 - 12:00	Religion	Religion	Religion	Religion	Fully Alive
12:00 - 12:40	LUNCH				
12:40 - 1:20	Core French	Core French	Phys.Ed, Health	Music	Guidance, Language
1:20 - 2:00	Core French	Core French	Core French	Music	Art, Drama, Dance
2:00 - 2:20	DPA	DPA	Language	DPA	Language

Note: DPA (Daily Physical Activity)

[CLICK HERE](#) to view our course descriptions for Elementary Classes.